

LIFE AFTER SCHOOL

LESSON 5: ASSESSING YOUR OPTIONS

Lesson aim:

- ✚ To assist students assess post-school options.

Learning objectives:

At the end of this lesson students will be able to:

- ✚ identify future career interests;
- ✚ assess their future options and outline how they hope to achieve their goals; and
- ✚ use the internet to research information about jobs they are interested in and examine the skills, training and qualifications required.

Lesson outline:

Additional sources of information are the CSO website, jobs websites and in the appointments pages of the main newspapers.

Student assignment: Assessing career options

- ✚ Provide students with **Worksheet 4a** and ask them to investigate and complete the table for three occupations of their choice.
- ✚ When complete ask students to present their first preference and why.
- ✚ Now ask students to assess the requirements of their chosen career with their current skills and education. Identify the gaps and how they can be addressed. **Worksheet 4b** can be used for this activity.
- ✚ Now ask students to present to the class the gaps which they have identified, the steps they need to take and how they will go about it.

Student activity: Assessing the climate

Using their preferred occupation from the previous activity set, ask students to find out the following:

- ✚ Where are these types of jobs available?
- ✚ Is there a demand for these occupations currently?
- ✚ What is the likely demand into the future?
- ✚ What type of security will this career offer?

Students should be encouraged to identify and interview an individual who is in this occupation or a similar field to examine the ways in which they entered the occupation and what they think the future holds in this area.